

HILLINGDON TRIATHLETES 10 MILE TIME TRIAL PERFORMANCES 2013

10 MILES	A	B	C	D	E	F	G	H	I	J	K	BEST TIME	NUMBER of EVENTS
NAME	Sun 3rd March	Tue 23rd Apr	Thu 2nd May	Thu 16th May	Thu 13th June	Thu 4th July	Thu 18th July	Thu 25th July	Tue 30th July	Thu 8th Aug	Sun 22nd Sept		
Neil Ellison				00:23:08	00:22:18	00:21:46	00:22:05	00:22:00		00:22:34		00:21:46	6
Patrick Brown										00:22:09		00:22:09	1
Steve Rew						00:22:14						00:22:14	1
Dave Knight	00:23:18		00:24:33	00:23:09	00:23:08	00:23:15		00:23:06	00:22:17			00:22:17	7
Mick Fuller										00:22:29		00:22:29	1
Andy Halliday					00:22:56					00:23:00		00:22:56	2
Clark Schofield				00:24:03				00:23:29	00:23:02	00:23:09		00:23:02	4
Will Houghian					00:23:06			00:23:12				00:23:06	2
Daniel Thompson		00:27:05	00:26:30			00:24:08	00:23:11	00:24:14	00:23:43	00:23:58		00:23:11	7
Martin Dawkins										00:23:19		00:23:19	1
Simon Claridge	00:24:39	00:25:14	00:25:30	00:24:32	00:24:28	00:23:55	00:23:32	00:23:19	00:23:58	00:24:08		00:23:19	10
Alan Simmonds				00:23:37								00:23:37	1
Roger Fowkes			00:27:22	00:24:50	00:24:03			00:23:38		00:24:13		00:23:38	5
Paul Egan										00:23:40		00:23:40	1
Stuart Reilly			00:25:41			00:23:48	00:23:41	00:23:57				00:23:41	4
Lewis Hawkins				00:27:01	00:25:13		00:24:32	00:23:42				00:23:42	4
Keith Irlam						00:23:58		00:23:45				00:23:45	2
Pete Smith				00:23:47								00:23:47	1
Jason Bridgen							00:24:09	00:23:52		00:24:01		00:23:52	3
Martin Gibson	00:24:37	00:25:36	00:26:12			00:24:02	00:24:28	00:24:48				00:24:02	6
Andrew Barnes							00:24:13			00:24:21		00:24:13	2
Andy Fowkes		00:28:33		00:27:00	00:24:19					00:25:56		00:24:19	4
Graham Pettitt	00:29:09	00:29:42		00:24:55	00:25:46	00:24:45	00:24:24		00:24:35	00:25:08		00:24:24	8
Matt Bailey	00:25:30		00:27:04	00:26:02				00:24:35				00:24:35	4
Dave Cook	00:26:58	00:27:40	00:27:57	00:26:02	00:25:59	00:25:45	00:25:36	00:24:56	00:24:36	00:26:04		00:24:36	10
Jason Barret										00:24:39		00:24:39	1
Simon North			00:27:40					00:24:40	00:25:32			00:24:40	3
Dave Micklewright	00:25:41	00:25:44	00:26:08	00:25:00		00:24:42						00:24:42	5
Richard Willcox								00:24:44				00:24:44	1
Tom Korff				00:24:55								00:24:55	1
Adrian Feek						00:25:27				00:24:56		00:24:56	2
Tim Byrne						00:25:04		00:25:40	00:25:28			00:25:04	3
Jim O'Donovan				00:25:11						00:25:05		00:25:05	2
Dave Newman				00:25:54		00:25:05	00:25:19					00:25:05	3
Stephen Barden										00:25:07		00:25:07	1
Mark Busbridge		00:28:03	00:28:00	00:26:06					00:25:13	00:26:07		00:25:13	5
Stuart McGowan	00:26:08									00:25:19		00:25:19	2
Mark Eidem			00:28:11	00:27:50	00:26:04		00:26:39	00:25:23	00:25:33	00:25:34		00:25:23	7
Kieran Bowler					00:26:42	00:25:24						00:25:24	2
Tim Jones					00:25:24							00:25:24	1
Steve Hyett			00:29:05						00:25:25	00:26:35		00:25:25	3
Steve Sibley					00:27:15	00:25:44		00:25:31	00:25:26	00:25:53		00:25:26	5
Pete Slade		00:27:44	00:27:37		00:27:01	00:26:35	00:26:04	00:25:26		00:26:20		00:25:26	7
Phil Crouch						00:25:44	00:25:27					00:25:27	2
Chris Hacking				00:26:26		00:26:17	00:25:57	00:26:03		00:25:28		00:25:28	5
Michelle O'Dea									00:25:33			00:25:33	1
Jerry Fahy	00:25:39											00:25:39	1
Jacob Gloor	00:29:02	00:28:56						00:25:42		00:26:37		00:25:42	4
Gary Craig				00:27:42	00:26:32	00:26:18	00:26:29	00:25:43	00:26:04	00:26:23		00:25:43	7
Sarah Darch		00:27:05	00:26:51	00:25:46								00:25:46	3

Nick Wilson	00:29:05											00:29:05	1
Ray Kelly								00:29:06				00:29:06	1
Brett Hutchinson						00:29:06						00:29:06	1
Richard Nash		00:29:54								00:29:10		00:29:10	2
Mandy Copas			00:32:19	00:31:16		00:29:36	00:30:27			00:29:18	00:30:28	00:29:18	6
Brian Tierney	00:31:29		00:32:07		00:29:42						00:29:25	00:29:25	4
Damian Franklin		00:31:10	00:30:49					00:29:26				00:29:26	3
Paul Hartigan		00:29:26	00:29:28									00:29:26	2
Jamie Gillespie				00:31:11				00:29:28				00:29:28	2
Tony Woodford								00:29:28				00:29:28	1
Brian Moon								00:29:29				00:29:29	1
Kelly Ingram				00:30:17	00:29:43							00:29:43	2
Steve Hoare										00:29:46		00:29:46	1
Chris Pinkham	00:30:41											00:30:41	1
Grant Peter							00:30:51	00:30:45				00:30:45	2
Jacob North		00:30:45										00:30:45	1
Eran Agate			00:30:45									00:30:45	1
Rob Woodford								00:30:50				00:30:50	1
Mick Paddington								00:30:50				00:30:50	1
John Mulliner	00:30:55											00:30:55	1
Michelle McLellan		00:30:58										00:30:58	1
Brian Leach										00:31:00		00:31:00	1
Rachel Lowery				00:35:16		00:31:11		00:32:21	00:31:19	00:32:49		00:31:11	5
Peter Hillerby										00:31:15		00:31:15	1
Andy Mansi								00:33:19		00:32:01		00:32:01	2
Siobhan Butler				00:36:31	00:34:03	00:33:13	00:33:57	00:32:32		00:32:46		00:32:32	6
Sue Dyke										00:32:38		00:32:38	1
Nick Manthorpe		00:33:11	00:32:54									00:32:54	2
Marie Stokes				00:33:04								00:33:04	1
Sue Palmer							00:34:19	00:33:29				00:33:29	2
Annie Birch	00:33:35											00:33:35	1
Matthew Bater							00:35:51	00:34:22				00:34:22	2
Penney Malecaut						00:35:37				00:37:33		00:35:37	2
Gemma Micklewright				00:37:24								00:37:24	1
Alan Butler		00:38:18										00:38:18	1
Richard Manthorpe		00:40:49	00:40:44									00:40:44	2
A	Sun 3rd March	WLC Time Trial (10 miles). H10/2 Course (Maidenhead Thicket)											
B	Tue 23rd Apr	Club Time Trial 1 (10 miles). HCC227 Course (Black Park)											
C	Thu 2nd May	Club Time Trial 2 (10 miles). HCC227 Course (Black Park)											
D	Thu 16th May	Club Time Trial 3 (10 miles). HCC180 Course (Great Missenden)											
E	Thu 13th June	Club Time Trial 4 (10 miles). HCC180 Course (Great Missenden)											
F	Thu 4th July	Club Time Trial 5 (10 miles). HCC180 Course (Great Missenden)											
G	Thu 18th July	Club Time Trial 6 (10 miles). HCC180 Course (Great Missenden)											
H	Thu 25th July	Club Time Trial 7 (10 miles). HCC180 Course (Great Missenden)											
I	Tue 30th July	Club Time Trial 8 (10 miles). HCC180 Course (Great Missenden)											
J	Thu 8th Aug	Club Time Trial 9 (10 miles). HCC180 Course (Great Missenden)											
K	Sun 22nd Sept	WLC Time Trial (10 miles). HCC180 Course (Great Misenden)											