

Hillingdon Triathletes Triathlon Series 2013 - Race 3
Sunday 21st July 2013
600m (lake) swim / 6km run / 25km bike

Position	No.	Gender	Cat	Club	Series Points	Name	Swim	Run	Bike	Total
1	31	Male	Senior	Metropolitan Police Triathlon Club	150	Patrick Brown	00:10:03	00:23:27	00:38:42	01:12:12
2	34	Male	Senior	Hillingdon Triathletes	149	Clark Schofield	00:09:55	00:24:15	00:41:17	01:15:27
3	2	Male	Senior	Hillingdon Triathletes	148	Lewis Hawkins	00:08:10	00:23:38	00:43:46	01:15:34
4	22	Male	Senior	Hillingdon Triathletes	147	Harry James	00:11:06	00:24:38	00:40:10	01:15:54
5	48	Male	Vet	Hillingdon Triathletes	146	Thomas Korff	00:10:09	00:26:53	00:40:40	01:17:42
6	38	Male	Senior	Hillingdon Triathletes	145	Roger Fowkes	00:11:45	00:24:27	00:41:40	01:17:52
7	29	Male	Senior	Tri-Force	144	Jonathan Wadge	00:10:44	00:23:39	00:43:29	01:17:52
8	73	Male	Vet	Hillingdon Triathletes	143	Mark Scott	00:09:21	00:25:59	00:42:56	01:18:16
9	66	Male	Vet	Ful-on-Tri	142	Phil Roker	00:09:47	00:27:56	00:40:40	01:18:23
10	89	Male	Super Vet	Hillingdon Triathletes	141	Steve Hyett	00:09:19	00:25:48	00:44:02	01:19:09
11	53	Male	Vet	Hillingdon Triathletes	140	Martin Gibson	00:10:43	00:27:05	00:42:02	01:19:50
12	55	Male	Vet	Hillingdon Triathletes	139	Peter Berry	00:09:57	00:27:03	00:44:17	01:21:17
13	32	Male	Senior	Hillingdon Triathletes	138	Brett Hutchinson	00:11:36	00:26:00	00:43:41	01:21:17
14	1	Male	Relay	Hillingdon Triathletes		Jordan Sexton	00:08:07	00:27:23	00:45:49	01:21:19
15	17	Male	Relay	Hillingdon Triathletes		David Cook	00:13:09	00:25:15	00:43:50	01:22:14
16	85	Male	Super Vet	Jetstream Tri Club	137	Peter Mc Dermott	00:11:34	00:26:50	00:43:57	01:22:21
17	126	Female	Relay	Hillingdon Triathletes		Vanessa Taylor	00:10:07	00:24:38	00:47:41	01:22:26
18	57	Male	Vet	Hillingdon Triathletes	136	Suneil Basu	00:11:40	00:27:03	00:43:50	01:22:33
19	86	Male	Super Vet	DLRR Multi-Sport	135	Mark Kleanthous	00:11:12	00:26:45	00:44:41	01:22:38
20	46	Male	Vet	Hillingdon Triathletes	134	Stuart Reilly	00:10:57	00:28:26	00:43:31	01:22:54
21	134	Female	Super Vet	Hillingdon Triathletes	133	Caroline Whittaker	00:10:13	00:27:23	00:45:32	01:23:08
22	90	Male	Super Vet	Hillingdon Triathletes	132	Simon Claridge	00:11:10	00:27:57	00:44:53	01:24:00
23	19	Male	Senior	Park Club Tri	131	Matthew Hammersley	00:09:59	00:27:29	00:47:28	01:24:56
24	84	Male	Super Vet	Hillingdon Triathletes	130	Chris Hacking	00:10:05	00:29:27	00:45:54	01:25:26
25	82	Male	Super Vet		129	Mick Prowting	00:11:04	00:28:14	00:46:24	01:25:42
26	71	Male	Vet	Hillingdon Triathletes	128	Phil Smith	00:10:01	00:30:14	00:45:55	01:26:10
27	121	Female	Senior	Hillingdon Triathletes	127	Yolanda Gutteridge	00:11:08	00:28:14	00:48:13	01:27:35
28	58	Male	Vet	Hillingdon Triathletes	126	Jason Bridgen	00:13:30	00:30:46	00:43:28	01:27:44
29	52	Male	Vet	Hillingdon Triathletes	125	Matthew Ruck	00:12:02	00:29:50	00:45:58	01:27:50
30	15	Male	Senior	Hillingdon Triathletes	124	Chris Pinkham	00:12:41	00:26:26	00:48:49	01:27:56
31	35	Male	Senior	Hillingdon Triathletes	123	Mark Elliott	00:12:24	00:28:36	00:47:16	01:28:16
32	95	Male	Super Vet	Hillingdon Triathletes	122	Ian Leslie	00:13:12	00:27:08	00:48:00	01:28:20
33	47	Male	Vet	Hillingdon Triathletes	121	Russ Hewlett	00:12:32	00:29:01	00:47:32	01:29:05
34	49	Male	Vet		120	Richard Gifford	00:10:16	00:30:34	00:48:54	01:29:44
35	25	Male	Senior		119	Kian Wookey	00:12:28	00:29:40	00:47:41	01:29:49
36	70	Male	Vet	Hillingdon Triathletes	118	Chris Pinnell	00:13:00	00:29:23	00:47:29	01:29:52
37	61	Male	Relay	Hillingdon Triathletes		Stuart Amblin	00:14:18	00:28:12	00:47:26	01:29:56
38	9	Male	Senior	D3 Triathlon	117	Sam Leonard	00:11:16	00:30:50	00:48:26	01:30:32
39	83	Male	Super Vet	Hillingdon Triathletes	116	Jacob Gloor	00:12:19	00:33:05	00:45:12	01:30:36
40	97	Male	Super Vet		115	Michael Donovan	00:11:14	00:30:04	00:49:22	01:30:40
41	100	Male	Super Vet	Hillingdon Triathletes	114	Richard Nash	00:12:48	00:28:47	00:49:06	01:30:41
42	130	Female	Vet	Hillingdon Triathletes	113	Gillian McAlister	00:11:50	00:30:10	00:49:24	01:31:24

43	98	Male	Super Vet		112	Phil Crouch	00:12:54	00:32:21	00:46:22	01:31:37
44	10	Male	Senior		111	Wataru Kawai	00:11:00	00:28:00	00:53:05	01:32:05
45	18	Male	Senior	Hillingdon Triathletes	110	Richard Burgess	00:14:03	00:30:32	00:48:05	01:32:40
46	63	Male	Vet		109	Richard Simon	00:13:31	00:30:26	00:49:19	01:33:16
47	81	Male	Super Vet	Hillingdon Triathletes	108	Martin Mckee	00:13:42	00:27:49	00:51:51	01:33:22
48	135	Female	Super Vet	D3 Triathlon	107	Christine Meek	00:12:46	00:28:35	00:52:06	01:33:27
49	91	Male	Super Vet	Hillingdon Triathletes	106	Bob Burton	00:12:04	00:31:39	00:49:57	01:33:40
50	68	Male	Vet	Hillingdon Triathletes	105	Ed Darnell	00:14:23	00:30:59	00:48:40	01:34:02
51	33	Male	Senior		104	Jan Brasching	00:11:38	00:30:28	00:52:03	01:34:09
52	24	Male	Senior		103	Peter Bryant	00:11:54	00:30:28	00:51:52	01:34:14
53	113	Female	Senior	D3 Triathlon	102	Alexandra Hewett	00:10:54	00:31:19	00:52:08	01:34:21
54	13	Male	Senior		101	Nicholas Brown	00:13:03	00:28:25	00:52:54	01:34:22
55	12	Male	Senior		100	John Jackson	00:11:02	00:32:03	00:51:48	01:34:53
56	92	Male	Super Vet	D3 Triathlon	99	Keith Freegard	00:12:50	00:30:38	00:51:25	01:34:53
57	110	Female	Senior	Hillingdon Triathletes	98	Kasia Gilewicz	00:13:06	00:32:34	00:49:26	01:35:06
58	114	Female	Senior	Hillingdon Triathletes	97	Gemma Korff	00:12:10	00:29:31	00:53:26	01:35:07
59	64	Male	Vet	Hillingdon Triathletes	96	Rob Payne	00:11:43	00:33:17	00:50:25	01:35:25
60	129	Female	Vet	Hillingdon Triathletes	95	Michelle Ford	00:13:14	00:31:23	00:51:09	01:35:46
61	99	Male	Super Vet	Hillingdon Triathletes	94	John Myall	00:14:50	00:31:22	00:50:50	01:37:02
62	60	Male	Vet	Hillingdon Triathletes	93	John Longhurst	00:12:37	00:33:44	00:51:39	01:38:00
63	40	Male	Senior	Hillingdon Triathletes	92	Anthony Lambert	00:13:45	00:32:13	00:52:16	01:38:14
64	117	Female	Senior	Ful-on-Tri	91	Adele Schulz	00:12:00	00:33:26	00:53:05	01:38:31
65	7	Male	Senior	Hillingdon Triathletes	90	Conor Whybrow	00:10:46	00:33:38	00:54:34	01:38:58
66	75	Male	Vet	Hillingdon Triathletes	89	Andrew Dodds	00:14:36	00:33:07	00:51:15	01:38:58
67	6	Male	Senior	Hillingdon Triathletes	88	Josh Bowd	00:14:50	00:33:17	00:51:33	01:39:40
68	62	Male	Vet	Winchester AC	87	Alan Doney	00:18:00	00:28:37	00:53:12	01:39:49
69	94	Male	Super Vet	Hillingdon Triathletes	86	David Duckworth	00:14:21	00:33:52	00:52:25	01:40:38
70	108	Female	Senior	Hillingdon Triathletes	85	Amy Claridge	00:09:24	00:32:14	00:59:19	01:40:57
71	20	Male	Senior		84	Chris Barrett	00:11:28	00:31:43	00:58:13	01:41:24
72	67	Male	Vet	Hillingdon Triathletes	83	Damian Franklin	00:13:47	00:33:31	00:54:54	01:42:12
73	96	Male	Super Vet	St. Albans Striders	82	Patrick Higgins	00:14:08	00:32:57	00:58:15	01:45:20
74	87	Male	Super Vet	Hillingdon Triathletes	81	Dave Sharpe	00:09:53	00:37:37	00:57:58	01:45:28
75	27	Male	Senior		80	David O'Sullivan	00:17:30	00:32:50	00:58:36	01:48:56
76	16	Male	Senior		79	Toby Pickard	00:13:18	00:34:25	01:05:04	01:52:47
77	107	Female	Senior		78	Angela Farrell	00:16:44	00:33:59	01:04:34	01:55:17
78	131	Female	Vet		77	Harriet Copland	00:13:11	00:32:51	01:11:48	01:57:50
79	21	Male	Senior		76	Dima Godfrey	00:16:35	00:34:16	01:07:32	01:58:23
80	116	Female	Senior		75	Louise Honck	00:14:40	00:41:24	01:05:59	02:02:03
81	109	Female	Senior		74	Evelyn Honck	00:14:40	00:41:36	01:05:47	02:02:03
82	120	Female	Senior		73	Jo Williams	00:14:28	00:39:11	01:09:00	02:02:39
83	127	Female	Vet	Hillingdon Triathletes	72	Penney Malecaut	00:13:32	00:41:38	01:08:42	02:03:52
84	14	Male	Senior		71	Nye Nduka	00:19:40	00:47:28	01:31:02	02:38:10
DQ (Drafting)	37	Male	Senior	Hillingdon Triathletes		David Knight	00:11:18	00:23:49	00:40:47	01:15:54
DNF	51	Male	Vet	Hillingdon Triathletes		Stuart Evans	00:10:49	00:30:33		
DNF	128	Female	Vet	Oxford Tri		Anita Smith	00:12:57	00:33:19		
DNF	28	Male	Senior	Hillingdon Triathletes		Marcus Vallance	00:10:28			
DNF	123	Female	Senior	Hillingdon Triathletes		Rachael Wardle	00:10:51			
DNF	74	Male	Super Vet	Hillingdon Triathletes		Stephen McAlister	00:13:39			

DNF 11 Male Senior

Jeremy Doyle

00:17:18

Hillingdon Triathletes Duathlon Series 2013 - Race 3
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6km run / 25km bike

Position	No.	Gender	Cat	Club	Series Points	Name	Run	Bike	Total
1	145	Male	Vet	B2P	30	Andy Bowler	00:25:44	00:44:47	01:10:31
2	142	Male	Senior		29	Daniel Gooch	00:24:50	00:48:31	01:13:21
3	80	Male	Super Vet	Freedom Tri (Letchworth)	28	Roger Taylor	00:30:05	00:48:46	01:18:51
4	144	Male	Vet		27	Chi-Keat Man	00:32:09	01:03:47	01:35:56
5	30	Male	Senior	Tri-Force	26	Jamie Russ	00:38:47	01:02:23	01:41:10